

## FFCS Track and Field Schedule – Middle School/High School

<h1>April 2019</h1>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14	<b>8</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>9</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>10</b> HS Meet Castle Rock First Event - 3:45  No MS Practice	<b>11</b> HS Practice Seton Catholic 5:00-6:45  MS Meet Portland Christian First Event: 4:00 pm	<b>12</b> HS/MS Practice Seton Catholic 5:00-6:45	13
14	<b>15</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>16</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>17</b> HS Meet Hockinson First Event - 4:00  MS Meet Oregon Episcopal First Event: 4:00	<b>18</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>19</b> HS Meet Kalama Twilight First Event - 3:30  No MS Practice	20
21	<b>22</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>23</b> HS Meet RA Long First Event - 3:30  No MS Practice	<b>24</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>25</b> HS Practice Seton Catholic 5:00-6:45  MS Meet Life Christian School First Event - 4:00	<b>26</b> HS/MS Practice Seton Catholic 5:00-6:45	27
28	<b>29</b> HS Practice Seton Catholic 5:00-6:45  MS Meet Ridgefield HS	<b>30</b> HS Meet Mark Morris First Event - 3:30  No MS Practice				



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<h1 style="margin: 0;">May 2019</h1>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>2</b> HS Practice Seton Catholic 5:00-6:45  MS Sub-District Meet Portland Christian First Event - TBD	<b>3</b> HS Meet Spudder Track and Field Classic Ridgefield HS First Event - 3:00  MS Practice TBD	<b>4</b>
<b>5</b>	<b>6</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>7</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>8</b> HS/MS Practice Seton Catholic 5:00-6:45	<b>9</b> HS Practice Seton Catholic 5:00-6:45  MS District Meet Location - TBD First Event - TBD	<b>10</b> HS Practice Seton Catholic 5:00-6:45	<b>11</b>
<b>12</b>	<b>13</b> HS Practice Seton Catholic 5:00-6:45	<b>14</b> HS Practice Seton Catholic 5:00-6:45	<b>15</b> HS District Tournament Meet Naselle First Event - 5:00	<b>16</b> HS Practice Seton Catholic 5:00-6:45	<b>17</b> HS Practice Seton Catholic 5:00-6:45	<b>18</b>
<b>19</b>	<b>20</b> HS Practice Seton Catholic 5:00-6:45	<b>21</b> HS Practice Seton Catholic 5:00-6:45	<b>22</b> HS Practice Seton Catholic 5:00-6:45	<b>23</b> State Track and Field Cheney, WA	<b>24</b> State Track and Field Cheney, WA	<b>25</b> State Track and Field Cheney, WA

